

Ultralight Thru Hike Gear List

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Worn/Carried		Cost	Weight
Shirt	Patagonia Capilene Cool Trail SS Shirt , S19 Men's M	\$39.00	4.45oz
Shorts	Patagonia Terrebonne Shorts , Patagonia Sender Boxers , Men's M and S	\$95.00	6.85oz
Socks	Darn Tough Hiker Micro Crew , Size L	\$22.00	2.60oz
Shoes	Hoka One One Torrent , Men's 9.5	\$120.00	18.00oz
Accessories	Hat, Buff head wear , cotton bandanna , Oakley Turbine sunglasses , Suunto Core watch	\$455.00	7.00oz
Trek Poles	Gossamer Gear LT5	\$195.00	10.00oz
Total Worn/Carried		\$926.00	48.90oz
Base Pack: Backpack			
Backpack	Hyperlite Mountain Gear Windrider 2400* , S19 Black 40L Size M	\$330.00	31.00oz
Total Base Pack: Backpack		\$330.00	31.00oz
Base Pack: Shelter			
Shelter	Hyperlite Mountain Gear Flat Tarp* , S19 8.5'x8.5' DCF8	\$355.00	8.05oz
Shelter	Mountain Laurel Designs Superlight Solo Bivy , S19 DCF8 Bottom	\$245.00	4.75oz
Stakes	2x8" Easton Nano Spike , 4x7.5" MSR GroundHog , 4x6" Ti Shepherd Hook , LiteAF Tent Stake bag	\$38.49	3.75oz
Guylines	3x9', 4x6' 2mm (reflective), 2x8' 4x3' 1mm braided nylon dyneema core	\$25.00	2.40oz
Groundsheet	Not used (Option: Gossamer Gear Polycryo)	\$0.00	0.00oz
Total Base Pack: Shelter		\$663.49	18.95oz
Base Pack: Sleeping			
Sleeping Bag	Enlightened Equipment Enigma Quilt 20°F , S19 Size RR 7D shell 15D liner 13.83oz 950 down fill	\$410.00	19.25oz
Sleeping Pad	Thermarest NeoAir XLite , S19 Women's R	\$160.00	11.25oz
Pillow	Sea To Summit Aeros Ultralight Pillow	\$39.95	1.95oz
Total Base Pack: Sleeping		\$609.95	32.45oz
Base Pack: Clothing			
Top, Shell	Arc'teryx Zeta FL Rain Jacket , S19 Men's M	\$325.00	7.30oz
Top, Insulation	Patagonia Micro Puff Jacket , F18 Men's M	\$249.00	8.10oz
Top, Base Layer	Patagonia Capilene Thermal Weight Zip Neck , S19 Men's M	\$99.00	6.50oz
Bottom, Shell	Montbell Versalite Rain Pants , S19 Men's M	\$139.00	3.20oz
Bottom, Insulation	Patagonia Capilene Midweight Bottoms , S19 Men's M	\$59.00	5.90oz
Head	Simblissity Headnet , Smartwool 250 beanie , Blackrock Gear Hadron down hat	\$120.00	4.50oz
Hands, Feet	Darn Tough Extra Socks, PossumDown Sleep Socks , PossumDown Gloves , Zpacks DCF-WB Rain Mitts	\$115.00	6.25oz
Stuff Sack	Zpacks Medium-Plus Stuff Sack	\$22.00	0.28oz
Total Base Pack: Clothing		\$1,128.00	42.03oz
Base Pack: Gear			
Essentials, Survival, First Aid, Hygiene	Nitecore NU25 headlamp , Victorinox knife , micro carabiner, LMF Scout fire steel , mini butane lighter, pen cartridge, tweezers, ear plugs, needles, safety pins, extra filter gasket and backflush adapter, tenacious tape , inflatable patch. Water purification tablets , Tender Quick , 6' gaffer's tape . Triple antibiotic , ibuprofen, acetaminophen, benadryl, immodium, aspirin, steri-strips, bandage tape, nitrile gloves. Picaridin insect repellent , chapstick, benzalkonium hand sanitizer , soap wafers, toothbrush, floss, toothpaste, Deuce #1 trowel . Hyperlite Mountain Gear DCF11 Drawstring stuff sack, small	\$125.00	9.45oz
Electronics	Aukey PB-Y13 10000mAh USB-C Power Bank , USB-C/Micro cables, USB-C to A and USB-C to Micro adapters, USB-C wall charger, wired audio earbuds. Android phone (excl. from cost).	\$30.00	12.00oz
H2O Storage	1x2L CNOC Vetco bottle S19, 2x1L rigid bottles	\$19.95	5.50oz
H2O Treatment	Sawyer Squeeze Micro	\$27.95	1.75oz
Food Prep	650ml Ti Mug , MSR Pocket Rocket 2 stove , Ti long handle polished bowl spoon , freezer bag cozy, stuff sack, rag	\$95.00	6.25oz
Food Storage	LiteAF Flat Bottom Food Bag , 11L Size S	\$21.95	1.22oz
Total Base Pack: Gear		\$319.85	36.17oz
Total Base Pack		\$3,051.29	10.04lb
Consumables			
H2O	1L (typical carry)	\$0.00	35.20oz
Food	20oz / day x 4 days (typical resupply)	\$50.00	80.00oz
Fuel	1x3.9oz (110g) MSR IsoPro fuel canister	\$4.95	7.40oz
Total Consumables		\$54.95	122.60oz
Total Complete		\$4,032.24	20.76lb

*Indicates custom, modified, or myog/diy; weight may be less than stock.